

Recommended Reading

[*Bathing Without a Battle*](#) , by Ann Louise Barrick, Joanne Rader, Beverly Hoeffler and Philip Sloane, (2002), Springer Publishing, (877) 687-7476.

[*Caring for a Person with Memory Loss and Confusion: An Easy Guide for Caregivers*](#), (2002), Journeyworks Publishing, Santa Cruz, CA, (800) 775-1998.

[*Communicating Effectively with a Person Who Has Alzheimer's*](#) , (2002), Mayo Clinic Staff, www.mayoclinic.com/invoke.cfm?id=AZ00004

Steps to enhancing communications: Interacting with persons with Alzheimer's disease. Chicago, IL: Alzheimer's Association, 1997. (Brochure) Order no. ED310Z Cost: Single copy free, call 800/272-3900

[*Steps to Understanding Challenging Behaviors: Responding to Persons with Alzheimer's Disease*](#), (1996), Alzheimer's Association, Chicago, IL. (800) 272-3900.

[*The Validation Breakthrough: Simple Techniques for Communicating with People with "Alzheimer's-Type Dementia,"*](#) Naomi Feil , 2nd Edition 2002, Health Professions Press, Baltimore, MD, (410) 337-8539.

[*Understanding Difficult Behaviors: Some practical suggestions for coping with Alzheimer's disease and related illnesses*](#) , A. Robinson, B. Spencer, and L. White, (2001), Eastern Michigan University, Ypsilanti, MI, (734) 487-2335.

Reading for Alzheimer's Caregivers

Berg, Gary (Ed.) *The Fearless Caregiver* Herndon, Virginia: Capital Books, 2001.

Feil, Naomi. *The Validation Breakthrough* Baltimore: Health Professions Press, 1993.

Gray-Davidson, Frena. *FAQ Alzheimer's Disease Frequently Asked Questions* RGA Publishing Group, 1998.

Gray-Davidson, Frena. *The Alzheimer's Sourcebook for Caregivers* Los Angeles: Lowell House, 1993.

Grollman, Earl and Kosik, M.D. Kenneth. *When Someone You Love Has Alzheimer's* Boston: Beacon Press, 1996.

Gruetzner, Howard. *Alzheimer's - A Caregiver's Guide and Source Book* New York: John Wiley and Sons, Inc., 1992.

Lewis, Robert W., editor. *Caregiver's Support Kit* Virginia: National Caregiving Foundation. (free to caregivers, 1-800-930-1357).

Mace, Nancy L. and Rabins, Peter V. *The 36 Hour Day (Revised)* Baltimore, MD: Johns Hopkins Press, 1991 Revised.

Markin, R.E. *The Alzheimer's Cope Book* New York: Citadel, 1992.

Medina, Ph.D., John. *What You Need to Know about Alzheimer's* New Harbinger Publications, 1999.

Michener, James. *Recessional* 1994.

Sheridan, Carmel, M.A. *Failure-Free Activities for the Alzheimer's Patient* Available through Amazon.com and other sources (see [Caregiver Books/Videos](#) for information)

Smith, Sally. **The Circle** A personal account of the emotional and human side of dealing with dementia. The authour has donated the proceeds of sale as a gift to the Medical University of South Carolina to raise awareness and support for research into Alzheimer's disease, Parkinson's disease, dementia, vision and hearing loss and other age-related problems. See a review at <http://www.musc.edu/pr/circle.htm>. To obtain a copy of "The Circle" directly, or for other information, contact

the Center on Aging at www.musc.edu/aging or by calling 843-792-0712.

Snowden, David, Ph.D. *Aging with Grace* Bantam Books, 2001.

For more reading suggestions, see our list of [Caregiver Books/Videos](#) for all caregivers.