

Family Caregiver Alliance

180 Montgomery Street, Suite 1100

San Francisco, CA 94104

(415) 434-3388

(800) 445-8106

Website: www.caregiver.org

E-mail: info@caregiver.org

[Online support groups](#)

Family Caregiver Alliance (FCA) seeks to improve the quality of life for caregivers through education, services, research and advocacy.

FCA's National Center on Caregiving offers advice and information on current social, public policy and caregiving issues and provides assistance in the development of public and private caregiver support programs.

For residents of the greater San Francisco Bay Area, FCA provides direct family support services for caregivers of those with Alzheimer's disease, stroke, ALS, brain injury, Parkinson's and other chronic health conditions that strike adults.

Eldercare Locator

Phone: (800) 677-1116

The Eldercare Locator helps older adults and their caregivers find local services including health insurance counseling, free and low-cost legal services and contact information for Area Agencies on Aging (AAAs).

Medicare and Medicaid

Phone: (800) MEDICARE

Medi-Cal (California's version of Medicaid)

Phone: (800) 952-5253

Alzheimer's Association

225 N. Michigan Ave., Ste. 1700

Chicago, IL 60601-7633
Phone: (800) 272-3900

The American Parkinson's Disease Association

1250 Hylan Blvd., Ste. 4B
Staten Island, NY 10305-1946
Phone: (800) 223-2732

National Stroke Association

9707 East Easter Ln.
Englewood, CO 80112-3747
Phone: (800) 787-6537

National Association of Professional Geriatric Care Managers

1604 N. Country Club Rd.
Tucson, AZ 85716-3102
Phone: (520) 881-8008

National Association of Adult Day Services

c/o National Council on the Aging
409 Third St. SW, Ste. 200
Washington, DC 20024
Phone: (202) 479-1200

Visiting Nurses Associations of America

11 Beacon St., Ste. 910
Boston, MA 02108
Phone: (888) 866-8773

Hospice Foundation of America

2001 S. St. NW #300
Washington DC 20009
Phone: (800) 854-3402

Faith in Action Volunteers

Wake Forest University School of Medicine
Medical Center Blvd.
Winston-Salem, NC 27157-1204
Phone: (877) 324-8411

Project ACTION

700 13th St., NW, Ste. 200

Washington, DC 20005

Phone: (202) 347-3066

Meals-on-Wheels Association of America

1414 Prince St., Ste. 302

Alexandria, VA 22314

Phone: (703) 548-5558